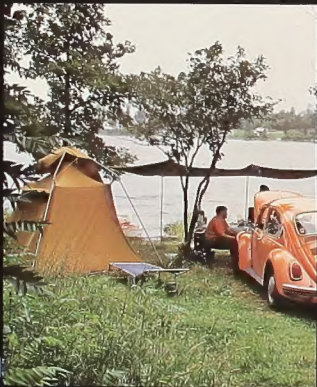


## The St. Lawrence Parks

The St. Lawrence Parks Commission was established in 1955 to "safeguard and enhance the scenic beauty and historic association" of lands affected by the massive Seaway and Hydro Developments on the St. Lawrence River in the mid fifties.

Today, under a much expanded mandate, the Commission manages 7,000 acres of riverside parklands including 14 major campgrounds from the Bay of Quinte to the Quebec Border.

With 2,460 serviced camp and trailer sites and large fully developed day use areas, the St. Lawrence Parks



System is the major playground of Eastern Ontario. Sandy beaches with water safety supervision, modern lavatories, picnic tables, boat launching ramps, electric outlets and trailer dumping stations serve the day use visitor and camper.

An 18 hole Golf Course with licenced lounge, marina, riding corral and acres of green space offer variety in a quiet and picturesque environment.



The 1000 Islands Parkway in the heart of the beautiful 1000 Islands Region is a magnificent 22 mile scenic drive rich in recreational resources with motels, campgrounds and visitor attractions.

Cross country skiing, snowmobiling, tobogganing and ice fishing complement the year-round activities of the Parks System. In mid March the Chrysler

Maple Sugar Bush attracts thousands of visitors annually as does the fall migration of Canada Geese at the Wildfowl Sanctuary.

The St. Lawrence Parks System offers a unique vacation experience for all the family.



Open Mid-May to Mid-October

Old Fort Henry at Kingston - take interchange 104 off Highway 401. Daily Military Displays May 15 - September 15 (weather permitting) Sentry change every hour on the half hour. Demonstrations of

infantry or artillery drill or parades by the file and drum band.

Parade by the goat mascot, David, and the pioneers. Guard does not perform after September 15.

Visitors are advised to check beforehand as the Guard is occasionally on tour.

Admission ticket sales cease 1/2 hour before closing. Last guided tour leaves 1 hour before closing.

Upper Canada Village - take interchange 119 or 120 off Highway 401.

Admission ticket sales cease 1/2 hour before closing.

St. Lawrence Parks - see map for locations. Open daily 9:00 a.m. to sundown.

operated in the public interest by

The St. Lawrence Parks Commission,  
Morrisburg, Ontario, Canada.



Honourable William G. Davis, Premier of Ontario.

Honourable Leo Bernier, Minister of Natural Resources  
Clarke T. Rollins, Chairman



Old Fort Henry



Upper Canada Village



St. Lawrence Parks

Lake Ontario

Kingston  
Old Fort Henry

St. Lawrence River

Morrisburg

Upper Canada Village

Cornwall

▲ Park Sites

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THE  
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PARKS  
COMMISSION



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## Old Fort Henry

The "Citadel of Upper Canada" was how nineteenth-century military engineers described Old Fort Henry at Kingston. Built during the war of 1812 and completely rebuilt 1832-36, the fortress was intended to protect the southern end of the Rideau Canal and Kingston from invasion from the United States.

The invasion never came until over a century later when thousands of sightseers came to explore the massive limestone ramparts that dominate Navy Bay and the city of Kingston.



The Fort is a living museum, including a leather-worker's shop, a tailor's shop and a bakery where skilled craftsmen demonstrate their trades.

The most colourful aspect of Old Fort Henry is the world famed Fort Henry Guard, whose precision drill, and authentic uniforms and equipment are typical of British line regiments and field and garrison artillery of 1867.

Displays of nineteenth-century infantry drill, exhibitions by the fire and drum band and artillery salutes by muzzle-loading cannon are a daily feature at Fort Henry - weather permitting.



During July and August, on Wednesday and Saturday evenings at 7:30 p.m., the Guard performs a spectacular Ceremonial Retreat. (Visitors are advised to check beforehand as the Guard is occasionally on Tour). Both infantry and artillery perform detailed manoeuvres and the cacophony of rifle and cannon fire echo and rebound off the Fort's old walls.



## Upper Canada Village

A little east of Morrisburg off Highway 401 and 50 miles south of Canada's Capital, Ottawa, Upper Canada Village brings together in one place the story of pioneer Eastern Ontario.

When you pass through the 1850 toll gate into Upper Canada Village 1784-1867, you step back effortlessly a hundred years or more to a bygone era.

In the 1840 woollen mill, the water turbine spins, the old machinery turns faithfully and wool becomes soft blankets... the clang of hammer on anvil rings out from the blacksmith's shop... a heady smell of fresh bread wafts from the bakery... with a steady up and down motion the giant blade of the water-powered sawmill cuts planks from rough-hewn logs.

The skilled craftsmen who operate these village trades are eager to talk about their work, and each building, house or church has its own guides, in period dress, who can answer questions and offer many insights into nineteenth-century life.



For luncheon or dinner such as Charles Dickens might have enjoyed when he toured Upper Canada, don't miss a meal at Willard's Hotel. A wide variety of souvenirs, from hand woven shawls to homemade jams and jellies - even handmade brooms, are available at the Village Store.

All of the 35 structures and their contents have been restored with painstaking accuracy and devoted attention to detail. Taken together they illustrate a fascinating and comprehensive account of the past.

